



# HALE KŪ'IKE

The Standard In Memory Care

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## BAYSIDE WELCOMES RESIDENTS IN TIME FOR CHRISTMAS 2012



**Scott Gardiner**, Director  
of Community Relations

Hale Kū'ike Bayside is now open! Bayside opened its doors to accommodate residents on December 17th. These are exciting times as we welcome new residents and families to our home. It has been a very busy past few months as Hale Kū'ike has been hiring and training new staff and transitioning some of our seasoned Nu'uanu staff

to Bayside. We want to duplicate the quality of care that our Nu'uanu home has been providing for the past seven years to our Bayside location.

There are several residents who have relocated from our Nu'uanu home to Bayside. Families selected and decorated their loved ones rooms. We are also excited

to welcome new residents as they move into Bayside. We will fill our first floor with fourteen residents before we open the second floor.

Each department head has been planning for months on how to best accommodate the families transitioning to Bayside. The chefs have a beautiful commercial kitchen now stocked with all of their cooking equipment. They have also prepared the country kitchens which the residents will be utilizing daily. Our activities department has purchased their supplies and is fine tuning the activities schedule. Even our facility dogs are preparing as they have been spending more time getting used to the new surroundings at Bayside. They seem to enjoy the expansive wandering path, sensory garden, lanai and outdoor BBQ area.

If you are interested in learning more about our home or would like to visit for a tour, please do not hesitate to contact me.

## MESSAGE FROM THE PRESIDENT

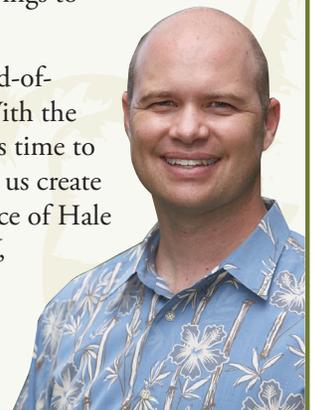
After four years of dreaming and planning, our Kaneohe location is finally open! The property was purchased in November of 2008 and the recent recession was just beginning. Like most projects, we faced some challenges, including delays, and I am very thankful for everyone's support in helping to make Bayside a reality.

What makes Hale Kū'ike so special is our quality and caring staff. We work together and support each other. This is the core of our company, and I can feel the positive energy and love when I walk in the door. One of our resident's daughters recently said that "every day here feels like Christmas morning."

Duplicating this chemistry at Bayside is my goal. This begins with the hiring process and is reinforced during the training. All of our newly hired caregivers complete

their orientation at our Nu'uanu location, where they can experience first hand how we do things. In addition to working the various shifts as caregivers, they are cross-trained in both activities and housekeeping. I am very impressed with our new crew and enjoy seeing the special talents that each person brings to the organization.

Over the years we have relied on word-of-mouth instead of paid advertising. With the opening of Bayside, we decided it was time to try a TV commercial. KGMB helped us create a quality piece that conveys the essence of Hale Kū'ike. If you have not seen it on TV, you can view it on our website at:  
[www.halekuike.com](http://www.halekuike.com).



## A DESIGN FOR SUCCESS: DINING AT BAYSIDE



**Marcus Asahina,**  
Head Chef / Business Mgr.

With the recent opening of our Bayside location, the dietary team at Hale Kū'ike is eager for the opportunity to please the palates of a new group of residents. Our goal is simple: to strive for the same high quality dining experience that we have grown accustomed to at our Nu'uaniu location. The great news is that we have a fine blueprint to follow as we try to build another model dietary program in Kaneohe.

A beautiful open kitchen, similar to that in Nu'uaniu, will continue to serve as an effective tool in creating anticipation for meals. The enticing sounds and smells of our talented chefs cooking are always a wonderful way to generate a buzz of excitement through our community. This open design also benefits the dietary staff by allowing us the ability to observe how individuals enjoy each meal from day to day. It helps us discover our resident's likes and preferences very well, thus allowing us to adjust accordingly.

Although Hale Kū'ike Bayside has been built to share a lot of the same design elements as its Nu'uaniu counterpart, there are many well planned differences as well. Two of these differences in particular will have a direct positive influence on our dining

program. The more obvious of the two is that our Bayside location has two floors while Hale Kū'ike Nuuanu has one. Not as obvious is how this will impact our meal services. While our town location seats 26 residents over one dining area, our Windward location will seat 14 residents per dining area on each floor. This will allow for a more intimate dining experience that better resembles a meal at home. Also, with fewer diners in a single area, there will be less noise to better allow a more focused and enjoyable meal time.

In addition to having two floors instead of one, each floor at Bayside has been equipped with its own country kitchen. Each country kitchen comes complete with a wide variety of common kitchen equipment that the residents will be able to use on a daily basis. Throughout the country and especially in Hawaii, the kitchen has become the gathering place that families and friends congregate to spend time with one another. Our home will be no different. These two country kitchens will serve as the gathering place for the residents of that floor. It will be a place where people will come to do activities, gather for a snack, or simply lounge to talk story.

All of the thought and attention to detail that has gone into every element in the building's construction are amazing. Beyond the physical aspects, what I feel is most amazing is the unlocked potential of the kind of community we can build at Bayside as a result of them. We are all excited to see that potential realized.

## BAYSIDE HIRES TEAM OF RNS TO ENSURE QUALITY CARE



Hale Kū'ike welcomes new RN staff for our Bayside home. You already know **Jasmine Perry** who was hired as a CNA at Hale Kū'ike in April 2008 and then advanced to a Medication Aide position in August 2009. The industrious Jasmine graduated from Hawaii Pacific University in May 2012

with her Bachelor of Science degree in Nursing while also being recognized in the international honor society of nursing, Sigma Theta Tau. She received her licensure after passing her Board exams in November. We are so proud of her. She has distinguished herself in many ways in her Hale Kū'ike employment as an inquisitive problem solver with great senses of compassion and humor. She is also employed at Pali Momi Medical Center in the Medical-Surgical Unit.



A veteran nurse who is currently a MSN candidate at the University of Phoenix is **Eleanor Day**. She goes by the name "Ellie". She has clinical experience at both Castle Medical Center (Med-Surg, Palliative Care) and Pohai Nani Care Center (Geriatric Short Term Rehab and Long Term Care in Skilled

Nursing). She comes with a Medical-Surgical certification from the American Nursing Credentialing Center. She has additional experience in marriage and family counseling and mission work, and will be teaching at HPU in the spring semester.



**Tanya Kim** has a Business Administration degree, but found a love in nursing which led to a Master of Science Degree from the University of Hawaii at Manoa in August of this year. Her motivation for pursuing her advanced degree came for caring for her own elderly parents.

She is studying for her nursing practitioner licensure and will test shortly after the first of 2013. Additionally, Tanya has experience with volunteering at Hale Kū'ike in activities and knows quite a few of the residents.

We are blessed to have such a crew to start our new endeavors at Bayside.



**Jane Maxwell, DON**

# ACTIVITIES ARE THE SPICE OF LIFE!



Jill Martinez, CTRS

Hale Kū'ike is known for our stimulating and engaging activities program. It's the heart of the residents' lives and what makes them live a life full of laughter, love, and excitement. With the opening of Bayside, we are eager to offer the same quality of activities that stimulate residents' cognitive, emotional and physical health. Both activities calendars will be similar in fashion, with the exception of a few more household tasks that will utilize our beautiful country kitchens to engage residents at Bayside. To maximize participation, all activities are modified to meet the needs of our very diverse population of residents that call Hale Kū'ike home. Please stop by and see our activities in action and then you'll know what everyone is talking about.



Clockwise from top left: Santa's route included Bayside; an engaging game of Scrabble; Tai Chi with Ken; Vita fetches run-away balls for a resident; getting to know residents, caregivers, and family members; and washing lunch dishes is a priority.

RESIDENT Birthdays at Nu'uānu	JANUARY 13 – Joyce B.	FEBRUARY 19 – Chiyo I.	RESIDENT Birthday at Bayside
	FEBRUARY 6 – Lucile W.	MARCH 22 – Kei M.	
	FEBRUARY 14 – Gayle M.	MARCH 30 – Evangeline F.	
			JANUARY 20 – Mary G.

## UPCOMING ACTIVITIES SCHEDULED FOR JANUARY / FEBRUARY / MARCH 2013

JANUARY 1	Happy New Year
FEBRUARY 10	Chinese New Year
FEBRUARY 14	Valentine's Day
MARCH 3	Girl's Day

### RECURRING ACTIVITIES AT NU'UANU

Every Tuesday	2:30 pm	Tai Chi with Ken
2nd, 3rd, and 5th Friday	3:30 pm	Pastor Dan
1st and 4th Friday	3:30 pm	Hula/Singing with Nalani

### RECURRING ACTIVITIES AT BAYSIDE

Every Thursday	10:15 am	Tai Chi with Ken
1st and 4th Friday	3:30 pm	Pastor Dan
2nd, 3rd, and 5th Friday	3:30 pm	Hula/Singing with Nalani



*The Standard For Memory Care*

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## QUILT TO REMEMBER

The Alzheimer's Foundation of American (AFA) is assembling a national dementia-related quilt of remembrance and care, called the AFA *Quilt to Remember*. It is a wonderful way to honor those with Alzheimer's disease or a related illness, their caregivers and our healthcare professionals.

With the help of monthly volunteers, *Ruby Sonomura* and *Helen Tsugawa*, we kicked off the project on July 4, 2012 and asked our families to join us in creating an 8-foot quilt. We asked our families to create their own personal square for their loved one. We had a "quilting bee" party at the newly constructed Bayside facility in Kaneohe. We classified, arranged and rearranged the squares until we achieved the final layout.

The quilt will be sent to AFA and will be on tour in 2013. We took a photo of each piece and will frame it for the resident. Each piece is unique and makes a beautiful statement in honor and remembrance of our residents. The quilt will be on display at Nu'uanu in February.

At right, *Gerry, Arlene and Betty* discuss the placement of the quilt squares.



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### **Vita**

*Director of Pet Therapy*

### **Pepper**

*Asst. Director of Pet Therapy*