

# HALE KŪIKE

*The Standard In Memory Care*

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**Scott Gardiner,**  
Director of  
Community Relations

Hale Kū'ike Bayside is entering the final stages of completion. The building and grounds are stunning. Every detail, from the customized furnishings to the nursing call system, is once again setting the standard for memory care.

New additions to the Hale Kū'ike facility will allow Jill Martinez, our Director of Recreational

Activities, an opportunity to create vibrant activities for our residents.

The Country Kitchen on each floor will allow for hands-on cooking activities including baking, food preparation, and even cleanup. The BBQ area adjacent to the memory path will allow families to engage with their loved ones in a festive outdoor environment. The second floor balcony has sweeping views of the Ko'olau Mountains and

Kaneohe Bay. There are specially designed guardrails to ensure residents are safe and secure. Telescopes provide an opportunity to explore the details of the surrounding scenery.

We are working hard along with the Hawaii Fi-Do team to acclimate Pepper to be the therapy dog for Bayside. Currently, Pepper is living with us in Nu'uano and being oriented and trained by Vita, our Director of Pet Therapy. Pepper is extremely intelligent and gentle. She will play a large role in the daily lives of the residents at Bayside.



We are hoping to welcome our first residents to Bayside towards the end of summer. I am currently giving tours, so if you are interested in visiting Bayside and learning more about the new standard for memory care, please do not hesitate to contact me.

## MESSAGE FROM THE PRESIDENT

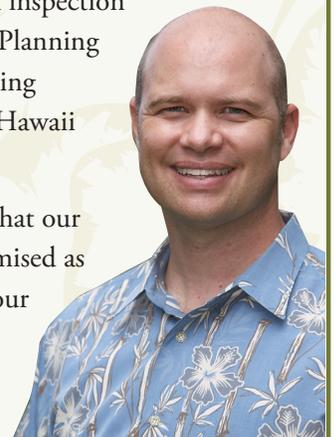
I would like to thank everyone who joined us for the blessing and open house of Bayside on June 26th. If you were unable to make it to the open house, please give us a call to set up a tour at your convenience.

Kelley Fitzgerald, my wife, is Hale Kū'ike's featured artist. She created the company logo, stained glass, sundial and paintings at Hale Kū'ike in Nu'uano. Hale Kū'ike Bayside is now graced with her fine work from the past three years. The walls in our house are now bare! You may have noticed that many of the paintings are scenes of Windward Oahu. These were painted on location in classes led by Hawaii artist Mark Brown. Kelley's next

project will be a series of bamboo stained glass pieces that will adorn the main entrance.

We are looking forward to our final inspection with the Honolulu Department of Planning and Permitting. We will be submitting our Care Home application to the Hawaii Department of Health thereafter.

My focus will remain on ensuring that our high level of quality is not compromised as we grow. We sincerely appreciate your support and encouragement.



# SEEING ALZHEIMER'S DIFFERENTLY



**Dorothy Colby,**  
Administrator

When people I meet hear that I work in dementia care, there is often a long pause and then they say, “Oh...that must be so depressing and difficult.” I certainly understand that reaction to the thought of dementia. After all, Alzheimer’s is the second most feared disease after cancer. For many, the word Alzheimer’s conjures images of a person with a vacant stare, someone unaware of the world around them and unable to participate in life.

However, this image is contradictory to my personal and professional experience concerning people with dementia. I often struggle to express to others the beauty, strength, humor and wisdom I see in their lives each day. When I speak of the moments of joy and fun that we experience with our residents, I am sometimes met with a baffled look. Of course dementia is a heart-breaking, devastating and challenging disease for any afflicted person and for their caregivers. But that is not all it is.

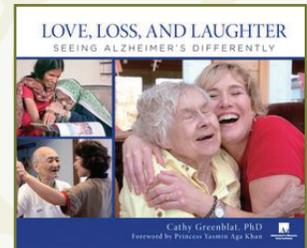
I recently read a book called *Love, Loss and Laughter: Seeing Alzheimer’s Differently* by Cathy Greenblat. She is

a Professor Emerita of Sociology at Rutgers University and a photographer. For over 10 years she collected photographs that challenge the common view of people with dementia. Her photographs show what I know so well here at Hale Kū’ike: that people with dementia can love, laugh, and be engaged in life.

*Love, Loss and Laughter* shows the humanity and life spark of people with dementia. Seeing is the first step to understanding. Her moving photos are interwoven with insightful commentaries.

This inspirational book shows what I had not been able to effectively express with just words: that people with dementia are capable of joy and laughter, and that joining them on their journey enriches all of us. If you are interested in seeing this book, I have it available for review.

If you would like to experience first hand the rewarding experience of creating moments of joy for a person with dementia, we welcome volunteers. Please contact Jill Martinez, Director of Recreational Activities, for volunteer information.



## CONTINUOUS IMPROVEMENTS HELP RAISE HALE KŪ’IKE’S QUALITY OF CARE



**Daisy, a Med Aide,**  
passes medications using  
new pharmacy software.

Hale Kū’ike will now be using a computerized medication administration system through our new provider, Mina Pharmacy. Basically, this system eliminates the need to maintain a paper record and has been shown to both reduce error and shorten medication pass times. Medication

ordering will also be done through the computer. As we incorporate this new system into our operations, we hope to be completely paperless by the end of June.

In other news, Dr. Brigette Kuhn began providing podiatry services to our residents during the last week of May. Her services are available to all residents either through health insurance or a fee (for those who have Kaiser coverage).



**Jane Maxwell,**  
Director of Nursing



Cherry blossom art that the residents created now adorn their entry walls.

Go Green! Our residents helped create composting worm bins for the composting of food scraps.



Familiar activities such as caring for a pet, sorting, folding laundry, and polishing silverware help the residents feel productive while strengthening the learned memory.



**RESIDENT Birthdays**

JULY 24 – *Thelma T.*  
 JULY 30 – *Martha N.*

AUGUST 9 – *Madeleine G.*  
 AUGUST 14 – *May B.*  
 AUGUST 15 – *Mae S.*

SEPTEMBER 26 – *Yoshino T.*  
 SEPTEMBER 29 – *Hideo N.*

**UPCOMING ACTIVITIES FOR JULY / AUGUST / SEPTEMBER 2012**

- JULY 4 4th of July Family BBQ, Chili Cook Off, and Quilt to Remember Kick Off
- JULY 14 Family Networking Group; Hale Kū'ike Bayside; 3:00 pm
- SEPTEMBER 8 Alzheimer's Walk; Magic Island; 7:45 am

**RECURRING ACTIVITIES**

- Every Tuesday 2:30 pm Tai Chi
- Every Wednesday 11:00 am Armchair Travels
- Every Friday 11:00 am In The Bag Cooking
- Every Friday 3:30 pm Pastor Dan
- Last Friday 10:30 am Hula/Singing with Nalani



*The Standard For Memory Care*

Ninety-Five Kawanakoa Place  
Honolulu, HI 96817

Presorted  
Standard

US POSTAGE  
PAID

Honolulu, Hawaii  
Permit No. 1793

RETURN SERVICE REQUESTED

Hale Kū'ike Bayside offers accessible country kitchens that will truly be the “heart of the home” for our residents. The kitchens will serve as a gathering place for our residents, promoting lasting relationships. They will engage in familiar activities such as the preparation of meals, setting the table, enjoying a meal together, and even clean up. These activities will create a warm feeling of “ohana” or family within each neighborhood.

Please call Scott Gardiner at **235-6770** to schedule your tour.

**David Fitzgerald**

*President*  
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**Dorothy Colby**

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**Jane Maxwell**

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**Jill Martinez**

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**Marcus Asahina**

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**Scott C. Gardiner**

*Director of  
Community Relations*  
scott@halekuike.com

**Vita**

*Director of Pet Therapy*

**Pepper**

*Asst. Director of Pet Therapy*

